

## DHREM READING SCHEDULE AND ROSH REVIEW STUDY & TEST QUESTIONS for Academic Years 2025 and 2026

This reading schedule is structured to cover most of The Model of the Clinical Practice of Emergency Medicine (EM Model) over 2 years, which means you should be able to get through the core content of EM twice in 4 years. The readings are based off of the Tintinalli Textbook of EM index, but feel free to use whatever text you want to cover the topics.

Each weekly reading has associated Rosh Review study questions. We expect you to create your own weekly “tutor-mode” exam for each assigned subcategory. If you click an individual category as you create a new exam, you will see the subcategories listed. You must remember to choose “All” for Question Type when you are searching the topics. The total number of questions should be the total for the desired subcategory(ies).

You will be assigned 1-2 Rosh exams at the end of each module. The test assignment and due dates are listed on the schedule.

### **Nervous System Disorders**

**6 weeks**

<b>Wk #</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Study Subcategories</b>
1	7/7/2025	Neurological Examination Headache Spontaneous SAH and Intracerebral Hemorrhage	Headache
2	7/14/2025	Stroke Syndromes	Stroke Transient Cerebral Ischemia
3	7/21/2025	Altered Mental Status and Coma Ataxia and Gait Disturbance Vertigo	Delirium Movement Disorders
4	7/28/2025	Acute Peripheral Neurologic Disorders Chronic Neurologic Disorders	Cranial Nerve Disorders Neuromuscular Disorders Demyelinating Disorders Spinal Cord Compression
5	8/4/2025	Seizures and Status Epilepticus in Adults	Seizure Disorders Other Conditions of Brain CNS Tumors
6	8/11/2025	CNS and Spinal Infections Central Nervous System Procedures and Devices	Infections/Inflammatory Disorders Hydrocephalus
	8/13/2025	<b>ROSH TEST ASSIGNED FOR Nervous System Disorders; COMPLETE BY 8/27/2025</b>	

### **OB/Gyn**

**3 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
7	8/18/2025	Abnormal Uterine Bleeding Abdominal and Pelvic Pain in the Nonpregnant Female Pelvic Inflammatory Disease Vulvovaginitis	Female Genital Tract Pelvic Ultrasound (in Ultrasound) Contraception
8	8/25/2025	Comorbid Disorders in Pregnancy Ectopic Preg/Emergencies in the First 20 weeks of Preg Emergencies after 20 Weeks of Pregnancy Resuscitation in Pregnancy	Pregnancy High Risk Pregnancy Complications of Pregnancy Trauma in Pregnancy (in Traumatic Disorders)

9	9/1/2025	Emergency Delivery Breast Disorders Complications of Gynecologic Procedures	Labor and Delivery Complications of Labor Complications of Delivery Postpartum Complications
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9/3/2025 **ROSH TEST ASSIGNED FOR OB/GYN; COMPLETE BY 9/17/2025**

## **Pediatrics**

**10 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
10	9/8/2025	Emergency Care of Children Neonatal and Pediatric Transport Resuscitation of Neonates Resuscitation of Children Intubation and Ventilation of Infants and Children Vascular Access in Infants and Children	
11	9/15/2025	Neonatal Emergencies and Common Neonatal Problems Brief Resolved Unexplained Events and ALTE Sudden Infant Death Syndrome	
12	9/22/2025	Stridor and Drooling Wheezing in Infants and Children Neck Masses in Children Ear and Mastoid Disorders in Peds Eye Emergencies in Infants and Children Nose and Sinus Disorders in Peds Mouth and Throat Disorders in Peds	
13	9/29/2025	Pediatric Heart Disease: Congenital Heart Defects Pediatric Heart Disease: Acquired Heart Disease Syncope, Dysrhythmias, and ECG Interpretation	Congenital Abnormalities of the CV System (in Cardiovascular Disorders)
14	10/6/2025	Vomiting, Diarrhea and Dehydration in Children Fluid and Electrolyte Therapy in Infants and Children Acute Abdominal Pain in Children GI Bleeding in Children	
15	10/13/2025	Fever and Serious Bacterial Illness Pneumonia in Infants and Children Meningitis in Infants and Children Urinary Tract Infection in Infants and Children Rashes in Infants and Children	Multisystem Inflammatory Syndrome in Peds (in Immune System Disorders)
16	10/20/2025	Seizures Headache in Children Altered Mental Status in Children Behavioral Disorders in Children and Infants The Child with Special Healthcare Needs Metabolic Emergencies in Infants and Children	
17	10/27/2025	Pediatric Trauma	Patterns of Violence, Abuse & Neglect

		Minor Head Injury and Concussion in Children Cervical Spine Injury Child Abuse and Neglect	(in Psychobehavioral Disorders)
18	11/3/2025	Sickle Cell Disease in Children Hematologic Emergencies in Infants and Children Oncologic Emergencies in Infants and Children Diabetes in Children Renal Emergencies in Children Pediatric Urologic and Gynecologic Disorders	
19	11/10/2025	Pediatric Orthopedic Emergencies Pain Management and Procedural Sedations in Peds	

## **Procedures and Skills**

**6 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
20	11/17/2025	Noninvasive Airway Management Pediatric Airway Management Tracheal Intubation Mechanical Ventilation Surgical Airways	Airway Techniques
21	11/24/2025	Acute Pain Management in Adults Pain Management and Proc Sedation in Infants and Children Local and Regional Anesthesia Procedural Sedation and Analgesia in Adults Chronic Pain	Anesthesia and Pain Management Ultrasound
22	12/1/2025	Basic CPR Cardiac Pacing and Implanted Defibrillation Defibrillation and Electrical Cardioversion Pericardiocentesis	Resuscitation
23	12/8/2025	Hemodynamic Monitoring Vascular Access in Infants and Children Vascular Access in Adults	Diagnostic and Therapeutic Procedures Ultrasound
24	12/15/2025	Wound Evaluation Wound Preparation Wound Closure Postrepair Wound Care	Diagnostic and Therapeutic Procedures
25	12/22/2025	Face and Scalp Lacerations Arm, Forearm, and Hand Lacerations Thigh, Leg, and Foot Lacerations Soft Tissue Foreign Bodies Puncture Wounds and Bites	Diagnostic and Therapeutic Procedures
	12/24/2025	<b>ROSH TEST ASSIGNED FOR PROCEDURES AND SKILLS; COMPLETE BY 1/7/26</b>	

**Psychobehavioral Disorders****3 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
26	12/29/2025	Mental Health Disorders: ED Evaluation and Disposition Mental Health Disorders of the Elderly Acute Agitation	
27	1/5/2026	Mood and Anxiety Disorders Psychosis	Mood and Thought Disorders Psychosomatic Disorders Factitious Disorders Personality Disorders Organic Psychoses Neurotic Disorders
28	1/12/2026	Female and Male Sexual Assault Intimate Partner Violence and Abuse Abuse of the Elderly and Impaired Eating Disorders Substance Use Disorders Injection Drug Use	Patterns-Violence/Abuse/Neglect Feeding & Eating Disorders Substance Use Disorders
	1/14/2026	<b>ROSH TEST ASSIGNED FOR PSYCHOBEHAVIORAL DISORDERS; COMPLETE BY 1/28/26</b>	

**Renal and Urogenital Disorders****3 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
29	1/19/2026	Acute Kidney Injury End Stage Renal Disease Rhabdomyolysis	Acute & Chronic Renal Failure Complications of Dialysis Glomerular Disorders Nephritis
30	1/26/2026	Acute Urinary Retention Urinary Tract Infections and Hematuria Urologic Stone Disease Complications of Urologic Procedures and Devices	Renal Structural Disorders Urogenital Infections Renal Tumors
31	2/2/2026	Male Genital Problems	Male Genital Tract
	2/4/2026	<b>ROSH TEST ASSIGNED FOR RENAL &amp; UROGENITAL DISORDERS; COMPLETE BY 2/18/2026</b>	

<b>BREAK</b>	2/9/2026	<b>SELF-STUDY FOR IN-TRAINING EXAMINATION</b>
32-34	2/16/2026	COMPLETE ROSH QUESTIONS ON SIGNS, SYMPTOMS AND PRESENTATIONS
	2/23/2026	COMPLETE ROSH QUESTIONS ON OTHER COMPONENTS AND CORE COMPETENCIES

**Systemic Infectious Disorders****5 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
35	3/2/2026	Sepsis	Bacterial Infections
36	3/9/2026	Soft Tissue Infections Endocarditis	Drug Resistance

		Tetanus	
37	3/16/2026	Serious Viral Infections HIV Rabies	Viral Infections
38	3/23/2026	Zoonotic Infections Global Travelers Malaria Food and Waterborne Illnesses	Protozoan/Parasites Tick-Borne Fungal Infections
39	3/30/2026	Occupational Exposures, Infection Control, and Standard Precautions Sexually Transmitted Infections	Bioterrorism Agents & Diseases Emerging Infections & Pandemics
	4/1/2026	<b>ROSH TEST ASSIGNED FOR SYSTEMIC INFECTIOUS DISEASES; COMPLETE BY 4/15/2026</b>	

### **Thoracic & Respiratory Disorders**

**4 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
40	4/6/2026	Respiratory Distress COPD Acute Asthma in Adults	Obstructive/Restrictive Lung Dz. Acute Respiratory Distress Syndrome Pulmonary Hypertension
41	4/13/2026	Pneumonia and Noninfectious Pulmonary infiltrates Empyema and Lung Abscess Tuberculosis	Pulmonary Infections Physical & Chem Irritants/Insults
42	4/20/2026	Pulmonary Embolism/Infarct Hemoptysis Acute Bronchitis and Upper Resp. Tract Infections	Pulmonary Embolism/Infarct Acute Upper Airway Disorders Thoracic Tumors
43	4/27/2026	Pneumothorax	D/O of Pleura, Mediastinum and Chest Wall
	4/29/2026	<b>ROSH TEST ASSIGNED FOR THORACIC &amp; RESPIRATORY; COMPLETE BY 5/13/2026</b>	

### **Toxicologic Disorders**

**7 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
44	5/4/2026	General Management of the Poisoned Patient Alcohols Opioids Barbiturates	Toxidromes/Syndromes Toxic Alcohols
45	5/11/2026	Salicylates Acetaminophen NSAIDS Iron	Analgesic & Muscle Relaxants

46	5/18/2026	Beta-Blockers Calcium Channel Blockers Antihypertensives Digitalis Glycosides	Cardiovascular Drugs
47	5/25/2026	Benzodiazepines Nonbenzodiazepine Sedatives Cocaine and Amphetamines Hallucinogens Methylxanthines and Nicotine	Recreational Drugs Anticonvulsants Analgesics & Muscle Relaxants
48	6/1/2026	Cyclic Antidepressants Atypical and Serotonergic Antidepressants MAOIs Antipsychotics Lithium	Antidepressants/Antipsychotics/Lithium Hypoglycemics & Insulin
49	6/8/2026	Pesticides Anticholinergics Hydrocarbons and Volatile Substances Metals and Metalloids Industrial Toxins	Asphyxiants Heavy Metals
50	6/15/2026	Vitamins and Herbals Caustic Ingestions Antimicrobials Anticonvulsants Dyshemoglobinemia	Anticoagulants/Antithrombotics/Antiplatelets Antimicrobials Household/Industrial Chemicals Methemoglobinemia Mushrooms & Poisonous Plants
	6/17/2026	<b>ROSH TEST ASSIGNED FOR TOXICOLOGY; COMPLETE BY 7/1/2026</b>	

### Traumatic Disorders

11 weeks

Week	Week Start	Reading	Rosh Review Subcategories
51	6/22/2026	Trauma in Adults Trauma in Pregnancy Trauma in Elderly Approach to Traumatic Shock	Trauma in Pregnancy Multisystem Trauma

<b>BREAK</b>	6/29/2026	<b>HAPPY END OF YEAR!</b>
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### Traumatic Disorders cont..

53	7/6/2026	Head Trauma Trauma to the Neck	Head Trauma Neck Trauma
54	7/13/2026	Trauma to Face	Facial Trauma

55	7/20/2026	Spine Trauma	Spinal Trauma
56	7/27/2026	Pulmonary Trauma Cardiac Trauma	Thoracic Trauma
57	8/3/2026	Abdominal Trauma Trauma to the Flank and Buttocks Genitourinary Trauma Pelvic Injuries	Abdominal and Pelvic Trauma Genitourinary Trauma
58	8/10/2026	Trauma to the Extremities Compartment Syndrome Initial Evaluation and Management of Ortho Injuries	Extremity Trauma
59	8/17/2026	Injuries to Hands and Digits Wrist Injuries Injuries to the Elbow and Forearm Shoulder and Humerus Injuries	Extremity Trauma
60	8/24/2026	Hip and Femur Injuries Leg Injuries	
61	8/31/2026	Knee Injuries Ankle Injuries Foot Injuries	Extremity Trauma
62	9/7/2026	Blast Injuries Thermal and Chemical Burns Electrical and Lightning Injuries Radiation Injuries	Cutaneous Trauma Radiation Emergencies (in Environmental) Electrical Injury (in Environmental)
9/9/2026 ROSH TEST ASSIGNED FOR TRAUMATIC DISORDERS; COMPLETE BY 9/23/2026			

### **Abdominal and GI Disorders**

**4 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
63	9/14/2026	Acute Abdominal Pain Nausea and Vomiting Disorders Presenting Primarily with Diarrhea Constipation Gastrointestinal Procedures and Devices Complications of General Surgical Procedures Anorectal Disorders	Rectum and Anus Peritoneum Spleen
64	9/21/2026	Upper GI Bleeding Lower GI Bleeding Esophageal Emergencies PUD/Gastritis	Esophagus Stomach

65	9/28/2026	Hepatic Disorders Pancreatitis and Cholecystitis	Liver Gallbladder and Biliary Tract Pancreas
66	10/5/2026	Acute Appendicitis Diverticulitis Bowel Obstruction Hernias	Small Bowel Large Bowel Abdominal Wall
	10/7/2026	<b>ROSH TEST ASSIGNED FOR ABDOMINAL/GI DISORDERS; COMPLETE BY 10/21/2026</b>	

## **Cardiovascular Disorders**

9 weeks

Week	Week Start	Reading	Rosh Review Subcategories
67	10/12/2026	Sudden Cardiac Death Cardiac Resuscitation Post-Cardiac Arrest Syndrome Ethical Issues of Resuscitation	Cardiopulmonary Arrest
68	10/19/2026	Approach to Nontraumatic Shock Allergy and Anaphylaxis	
69	10/26/2026	Cardiac Rhythm Disturbances Pharmacology of Antiarrhythmics and Antihypertensives Pharmacology of Vasopressors and Inotropes	Disturbance of Cardiac Rhythm
70	11/2/2026	Chest Pain Low Probability Acute Coronary Syndrome	
71	11/9/2026	Acute Coronary Syndromes	Diseases of Myocardium, Acquired
72	11/16/2026	Acute Heart Failure Cardiogenic Shock Cardiomyopathy and Pericardial Disease	Congenital Abn of CV System Cardiovascular Devices Diseases of Pericardium
73	11/23/2026	Syncope Valvular Emergencies	Valvular Disorders
74	11/30/2026	Systemic Hypertension Pulmonary Hypertension Aortic Dissection and Related Aortic Syndromes Aneurysmal Disease	HTN Cardiac Tumors
75	12/7/2026	Venous Thromboembolism Including PE Arterial Occlusion	Disorders of Circulation
	12/9/2024	<b>ROSH TEST ASSIGNED FOR CARDIOVASCULAR DISORDERS; COMPLETE BY 12/23/2026</b>	

## **Cutaneous Disorders**

3 weeks



Week	Week Start	Reading	Rosh Review Subcategories
76	12/14/2026	Initial Evaluation and Management of Skin Disorders Generalized Skin Disorders	Maculopapular Lesions Papular/Nodular Lesions Purpuric Rash
77	12/21/2026	Skin Disorders: Face and Scalp Skin Disorders: Trunk	Vesicular/Bullous Lesions Cancer of the Skin Ulcerative Lesions
78	12/28/2026	Skin Disorders: Groin and Skinfolds Skin Disorders: Extremities	Dermatitis Cutaneous Infections
	12/30/2026	<b>ROSH TEST ASSIGNED FOR CUTANEOUS DISORDERS; COMPLETE BY 1/13/2027</b>	

## **Endocrine/Metabolic Disorders**

**5 weeks**

Week	Week Start	Reading	Rosh Review Subcategories
79	1/4/2027	Acid-Base Disorders Blood Gases, Pulse Oximetry, and Capnography	Acid-Base Disturbances
80	1/11/2027	Fluid and Electrolyte Disorders	Fluid and Electrolyte Disturbances
81	1/18/2027	Type I Diabetes Mellitus Type 2 Diabetes Mellitus DKA Ketoacidosis Syndromes Hyperosmolar Hyperglycemic State	Glucose Metabolism
82	1/25/2027	Hypothyroidism and Myxedema Coma Hyperthyroidism and Thyroid Storm Adrenal Insufficiency	Adrenal Disease Thyroid Disorders
83	2/1/2027	Pituitary Disorders (Panhypopituitarism) Parathyroid Disorders Nutritional Disorders (Wernicke-Korsakoff, Vit. Def.)	Tumors of Endocrine Glands Parathyroid Disease Nutritional Disorders Pituitary Disorders
	1/27/2027	<b>ROSH TEST ASSIGNED FOR ENDOCRINE/METABOLIC DISORDERS; COMPLETE BY 2/17/2027</b>	
<b>BREAK</b>	2/8/2027	<b>SELF-STUDY FOR IN-TRAINING EXAMINATION</b>	
84-86	2/15/2027	COMPLETE ROSH QUESTIONS ON SIGNS, SYMPTOMS AND PRESENTATIONS	
	2/22/2027	COMPLETE ROSH QUESTIONS ON OTHER COMPONENTS AND CORE COMPETENCIES	

## **EMS**

**2 weeks**

Week	Week Start	Reading	Rosh Review Subcategories
87	3/1/2027	Emergency Medicine Services Prehospital Equipment Air Medical Transport Mass Gatherings	
88	3/8/2027	Disaster Preparedness Natural Disasters	

Chemical Disasters  
Bioterrorism

**NO ROSH TEST!**

### **Environmental Disorders**

**4 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
89	3/15/2027	Heat Emergencies Cold Injuries Hypothermia	Temperature-Related Illness
90	3/22/2027	Bites & Stings Snakebite Marine Trauma and Envenomation	Bites and Envenomations
91	3/29/2027	Diving Disorders Drowning Hyperbaric Oxygen Therapy	Dysbarism Submersion Incidents
92	4/5/2027	High-Altitude Disorders Mushroom Poisoning Poisonous Plants Carbon Monoxide	High-Altitude Illness Mushrooms/Poisonous Plants (in Toxicology)
	4/7/2027	<b>ROSH TEST ASSIGNED FOR ENVIRONMENTAL DISORDERS; COMPLETE BY 4/21/2027</b>	

### **HEENT Disorders**

**3 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
93	4/12/2027	Eye Emergencies	Eye
94	4/19/2027	Ear Disorders Face and Jaw Emergencies Nose and Sinuses	Ear Nose
95	4/26/2027	Oral and Dental Emergencies Neck and Upper Airway Complications of Airway Devices	Oropharynx and Throat HEENT Tumors
	4/28/2027	<b>ROSH TEST ASSIGNED FOR HEENT DISORDERS; COMPLETE BY 5/12/2027</b>	

### **Hematologic Disorders**

**3 weeks**

<b>Week</b>	<b>Week Start</b>	<b>Reading</b>	<b>Rosh Review Subcategories</b>
96	5/3/2027	Transfusion Therapy Thrombotics and Antithrombotics Clotting Disorders	Blood Transfusion Anticoagulants (in Toxicologic D/o)
97	5/10/2027	Hemostasis Hemophilias and Von Willebrand's Disease	Hemostatic Disorders Lymphomas

Acquired Hemolytic Anemia  
Acquired Bleeding Disorders

98	5/17/2027	Anemia and Polycythemia Emergency Complications of Malignancy Sickle Cell Disease and Hereditary Hemolytic Anemia	Red Blood Cell Disorders Pancytopenia WBC Disorders Oncologic Emergencies
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5/19/2027 ROSH TEST ASSIGNED FOR HEMATOLOGIC DISORDERS; COMPLETE BY 6/2/2027

### **Immune System Disorders**

2 weeks

Week	Week Start	Reading	Rosh Review Subcategories
99	5/24/2027	The Transplant Patient	Transplant-Related Problems Immune Complex Disorders
100	5/31/2027	Systemic Rheumatic Diseases	Hypersensitivity Collagen Vascular Disease Multisystem Inflammatory Syndrome in Children

6/2/2027 ROSH TEST ASSIGNED FOR IMMUNE SYSTEM DISORDERS; COMPLETE BY 6/16/2027

### **Musculoskeletal Disorders (Nontraumatic)**

3 weeks

Week	Week Start	Reading	Rosh Review Subcategories
101	6/7/2027	Neck and Back Pain Shoulder Pain Hip and Knee Pain	Disorders of the Spine Muscle Abnormalities Bony Abnormalities
102	6/14/2027	Joints and Bursae	Joint Abnormalities
103	6/21/2027	Nontraumatic Disorders of the Hand Soft Tissue Problems of the Foot	Soft Tissue Infections Overuse Syndromes

6/18/2025 ROSH TEST ASSIGNED FOR MUSCULOSKELETAL DISORDERS; COMPLETE BY 7/2/2025

BREAK	6/28/2027	HAPPY END OF YEAR!
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