



SAMPLE RESIDENT BLOCK SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
1 OFF	2 3p-11p	3 3p-11p	4 11p-7a	5 11p-7a	6 POST	7 7a-3p	5
8 7a-3p	9 OFF	10 3p-11p	11 3p-11p	12 11p-7a	13 11p-7a	14 POST	5
15 7a-3p	16 7a-3p	17 Conf.	18 3p-11p	19 3p-11p	20 11p-7a	21 11p-7a	6
22 POST	23 7a-3p	24 Conf.	25 OFF	26 3p-11p	27 3p-11p	28 11p-7a	4
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The DHREM ED Schedule

- On average, 20 shifts per 28 days
- Circadian schedule allows more time off between shifts
- No blocks of nights in emergency department