

Students Rotators, Welcome to Denver!

<p><i>EM Healthcare Disparities Externship Scholarships Generously Supported by Our Clinical Rotation Sites:</i></p>	 <p>DENVER HEALTH Level One Care for ALL</p>	 <p>SCHOOL OF MEDICINE Department of Emergency Medicine UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS</p>
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Here's a little primer to help your first day go a little smoother.

What to expect:

Traditional EM Rotation	EM Healthcare Disparities Externship
<ul style="list-style-type: none"> • 18 clinical shifts, 12 at primary location, Denver Health. 6 at University. • You will be participating in the student debates at the end of the rotation. • Grading Distribution: 10% Honors, 45% High Pass, 45% Pass. 	<ul style="list-style-type: none"> • 12 clinical shifts, 6 at Denver Health, 6 at University. • You will only be required to participate in the student debates as a judge. • Research will be presented in 10 minutes before the debate. • Grading: 30% DH evals, 30% University evals, 20% research, 20% SAEM test

- Monday morning didactics from 8-12pm; Conference every Wednesday from 7:30a-12p
- SAEM Test/Debate on the last Monday of the clerkship rotation.
- You will have a resident "Advisor" and a faculty "Advisor"
- **Which residents am I on shift with?** Visit www.amion.com and login using "dhrem"

Start of Shift:

- Join team for rounds at 7 am, 3 pm, and 11pm.
- Meet with senior after rounds for assignment location.
- At Denver Health, after rounds, join other students and interns in a 30-minute interactive teaching session taught by one of the attending physicians.
- Obtain sign out from the off going student in your zone.
- Sign up for patients not in the acute resuscitation rooms (front rooms).

On Shift:

- Notify senior within 5 minutes about patients with EKG, vital sign abnormalities, ill appearing, or high-risk chief complaints (CP, SOB, neurologic deficits).
- When acutely ill or injured patients arrive (acute resuscitation room patients), feel free to join the team in assisting. Helpful areas include assisting with a FAST exam, or performing chest compressions.
- Perform H and P, and obtain collateral information.
- Develop a differential of top 5 things, arranged in order of most to least life threatening.
- Develop your anticipated workup
- Present H and P, differential, anticipated workup and likely disposition to your senior. Bring patients chart, all EKGs when discussing with senior.

- Initiate work up after staffing, and touch base with patient's nurse to inform them of plan.
- Continue to monitor results of test, and update your senior on all resulted lab work, EKGs, imaging and effects of any interventions.
- Discuss calling consults with senior
- If patient workup still ongoing during shift changes, sign out patient to oncoming student.

Procedures:

- Pelvic exams require senior supervision, and nursing supervision (at UH). Have speculum, working light, GC and wet prep swabs, lubricant set up in room before getting senior.
- Consider all simple lacerations your territory. Numb and irrigate patients. Discuss repair with supervising physician prior to initiation.

Patient Disposition:

- Ensure all tests/studies have returned.
- Notify patient of results and final plan.
- Discharge instructions on chart, scripts on chart (attending signed).
- Discharge instructions should include: CC, tests patient underwent, final diagnosis, return precautions, when and where to follow up.
- Complete all charts prior to leaving shift.

Tid Bits:

- Arrive 10 minutes early, say hi to the staff, get settled and ready to have a rocking shift.
- Be extra nice to the nurses and techs. They know how everything runs and where everything is better than the residents.
- OWN your patients. If your name is on a patient, you are providing excellent care. You are on top of the lab results, aware if the x-ray has been done yet, reassessing if they are feeling better. Try to beat your senior to knowing when things are back.
- Think QUALITY, not quantity on shift. Better to take super good care of a few patients than seeing a high volume.
- Hang with the residents for post-overnight brunch; Post-swing pizza at Atomic Cowboy; Post-day shift happy hour.
- Have fun, be a sponge!

Phone a Friend?

Traditional EM Rotation	EM Healthcare Disparities Externship
<ul style="list-style-type: none"> • Dave Richards (Course-Director) 303-602-5190 • Marie Bluitt (Clerkship Coordinator) 303-602-5185 	<ul style="list-style-type: none"> • Zach Jarou (EM 2) 810-908-8237 • Stephanie Oberfoell (EM 3) 310-918-6717 • Christy Angerhofer (Residency Program Coordinator) 303-602-5183



We're Glad to Have You Here!

Learn more about our program at:

www.DenverEM.org or

www.Twitter.com/DenverEM



Other Important Information:

Badges = Received during orientation. There is a refundable \$25 deposit (checks preferred).

Parking = Free parking in the Patient/Visitor Lot on Delaware & 6th (west of Bannock).



University of
Colorado Hospital
UNIVERSITY OF COLORADO HEALTH

Door code for everything in the ED = 1976#

Other Important Information:

Health Information Technology Help Desk = 720-848-4000 (x84000 on-campus)

Badging Office = Entrance in ground-level stairwell of parking garage adjacent to the Leprino Building (12401 E. 17th Ave Pkwy, Aurora, CO, 80045)

Scrub Machine = Take the cross walk from the Leprino Parking Garage to the hospital. You will be on the second floor. Take the first left through the employee only double doors. There are two scrub machines in this hallway. Scan your badge to access. You are allotted 6 items (ie: 3 pairs of scrubs).

Elevators = The ED and the Conference Center where didactics are held are both closest to the "E" elevators in the hospital.



DENVER
THE MILE HIGH CITY

Things to Do & See in Denver

Awesome Coffee Shops:

- Denver Bicycle Cafe (Uptown)
- Thump (Capitol Hill)
- Purple Door (Rino)
- Rooster and Moon (near Denver Health)
- Huckleberry Roasters (Rino)
- Crema coffee house (Rino)

Culture:

- Live Jazz— El Chapultapec
- First Friday Art Walks on Santa Fe (stone's throw from denver health, food trucks and art galleries)
- Clyfford Still Museum
- Museum of Contemporary Art (great rooftop)

Outdoors:

- Cheeseman Park/City Park/Wash Park
- Mathew Winters Park (great trail run, 20min from Denver)
- Apex Loop (great trail run, mountain biking, 20 min from Denver)
- Tubing the Confluence (near REI, small rapids to float down)
- Evergreen (Elk Meadow, nice hiking/trail running/mountain biking 30 min from Denver)
- Boulder (Flat Irons! great hiking; Boxcar Coffee for study/coffee; go tubing!)
- Indian Peaks (1.25 hours away, lovely mountains)

Food:

- Atomic Cowboy (great pizza for lunch/dinner; even better biscuits for brunch; near City Park or south Broadway)
- Vietnamese
 - New Saigon Restaurant (great Banh Mi and everything else vietnamese)

- Chinese
 - Star Kitchen (Dim Sum)
- Japanese
 - Domo Restaurant (Country style Japanese; not sushi)
 - Sushi Den (\$\$\$, but delicious)
- New American (ton of it here)
 - Populist is my fave.
- Brunch
 - Jelly (good ol classic brunch, capitol hill)
 - Olive and Finch (uptown)
 - Sassafrass (highlands, southern style)
 - Devil's Food Bakery (Wash park, southern)
 - Beast+Bottle (french, uptown)
- Ethiopian:
 - Abyssinia Ethiopian Restaurant (great \$1.25 scoops for lunch)
 - Queen of Sheba (deemed best Ethiopian around)
- Mexican
 - Torta Grill (uptown, delicious, cheap Mexican sandwiches)
 - Pinche Tacos (good HH, fancy mexican)

Farmer's Markets:

- Cherry Creek (Saturdays)
- City Park (Sundays)
- Boulder Farmer's Market (Saturdays)

Breweries, wineries, cideries:

- Great Divide
- Black Shirt Brewing Company
- Renegade
- Our Mutual Friend
- Infinite Monkey Theorem (Winery)
- Stem Ciders (apple cidery)
- thousands more..